

Tzipora Kirschner, BSM

Certified Professional Midwife • Craniosacral Therapist • Flower Essence Therapist

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PHILOSOPHY

I am passionate about health care, sharing evidence-based information, and individualizing care to each person's specific needs to facilitate a safe and empowered care provider experience. I advocate for individual autonomy by providing holistic care reflective of specific needs and informed choice. I am comfortable and experienced working with a diverse range of clients from different age brackets, sexual orientations, religious, cultural, socio-economic, and educational backgrounds.

PROFESSIONAL EXPERIENCE

TUCSON HERB STORE | July 2019-October 2021

I work part-time at our local herb store as an independent contractor assisting the community with herbal and nutritional education, individualized herbal consultations, preparing tea and tincture blends, and making various herbal remedies.

OWNER | Passiflora Healing Arts LLC, Tucson, AZ | October 2018 to present

Private practice that includes Craniosacral therapy specializing in infants, pregnancy, and postpartum.

Herbal consultations that incorporate herbal medicine, homeopathy, and flower essence therapy.

BIRTH ASSISTANT | Tucson, AZ | October 2018 to December 2019

Assisted local midwife Sharon Hodges-Rust as a secondary midwife. Duties included 3 prenatal/PP visits, labor and delivery, and consults with midwife.

MIDWIFE | Mandala Midwifery, Bend, OR | August 2016 to June 2017

Group midwifery private practice in Central Oregon. Services included, but not limited to homebirth services, waterbirth, well-woman care, postpartum and lactation support, phlebotomy, labs and diagnostics.

MIDWIFE | Three Sisters Midwifery Care, Jacksonville, OR | October 2015 to May 2016

Group midwifery private practice in Southern OR serving both a rural and city populated area. Services included, but not limited to homebirth services, waterbirth, well-woman care, postpartum and lactation support, phlebotomy, labs, and diagnostics.

OWNER/LICENSED HOMEBIRTH MIDWIFE | Passiflora Healing Arts, LLC, Bend, OR | September 2013 to June 2015

Private practice that included homebirth services, waterbirth, well-woman care, phlebotomy, postpartum and lactation support, Craniosacral therapy, placental encapsulation, childbirth education, homeopathy, flower essences, and herbal remedies.

POSTPARTUM DOULA & CRANIOSACRAL SERVICES | Tzipora Kirschner, Portland, OR | 2007 to 2013

CranioSacral Therapy for newborns, children, and adults. Specializing in pregnancy and postpartum services.

Postpartum doula services provide: breastfeeding and emotional support, day/overnight help, newborn care/tips, education and information for parents, meal preparation, baby wearing techniques, sibling support, and herbal remedies.

ASSISTANT HOMEBIRTH MIDWIFE | Vivante Midwifery and Women's Health, Portland, OR | January 2013 to June 2013

On-call and attended births with a group practice of CNMs & CPMs.

POSTPARTUM MIDWIFE | Andaluz Waterbirth Center, Portland, OR | September 2008 to Sept 2013

Worked at a high volume birth center supporting families in the immediate postpartum period. My duties were, but not limited to vital checks, breastfeeding support, sitz bath herbs, herbal therapy, education, and meal preparation.

MIDWIFE/SAGE FEMME | African Birth Collective, Senegal, Africa | November 2012

I spent one month volunteering at a birth center in Senegal where I attended approximately 20 births as well as attending pre-natal and postpartum appointments.

YOGA INSTRUCTOR & WISE EARTH AYURVEDA EDUCATOR

Mountain Spirit Co-operative & Yoga Shala, Prescott, AZ | September 2004-December 2007

Hatha, Ayurvedic women's health classes, Pre-natal & Postpartum Yoga Classes.

EDUCATION

- Voyage Botanica- School of Botanical Medicine, 2019 — Ethnobotany & Botanical Medicine Studies
- Andaluz Waterbirth Center, Portland, OR, 2009-2012 — Apprentice Midwife
- Birthingway College of Midwifery, Portland, OR, 2008-12 — Bachelor of Science in Midwifery, CPM
- Yavapai College, Prescott, AZ, 2006-07 — Religion and Philosophy
- Prescott College, Prescott, AZ 2004-06 — Biology & Permaculture

CONTINUING EDUCATION & TRAINING

Includes, but is not limited to:

- License Drug and Devices (LD&D) training every 2 years since 2009 to keep up on phlebotomy, injection, and suturing skills as well as staying current on medication dosages.
- Biodynamic Craniosacral Therapy, Levels 2 & 4 with Heidi Wilson — 2019 & 2020
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- *BEST*: Birth Emergency Skills Training — 2013
- Breech Workshop, Midwife Jessica Dolin — 2012
- Craniosacral Therapy for Pregnancy & Postnatal with Carol Gray — 2012
- Mercy in Action: Midwifery Volunteerism in Developing Countries, Midwife Vicki — August 2011
- Detecting Intrapartur Fetal Distress Out-of Hospital Taught by Midwife Holly Scholles — August 2011
- CranioSacral Therapy for Infants with Midwife & LMT Carol Gray — March 2009
- CranioSacral Level 1 & 2, Upledger Institute — 2007
- Doula Workshop, DONA® — November 2007
- Flower Essence Therapy Mentorship: Flower Essence Society with Paula Gale, FET — January-May 2007
- Wise Earth Ayurveda School-Nutrition: Food, Breath and Sound — 2006
- Wise Earth Ayurveda School: Women's Healthcare & Spirituality—2007
- Integral Yoga Training: Beginner, Intermediate, and Advanced Levels — 2004 through 2007
- Prenatal and Postnatal Yoga Teacher Training with Jane Austin — 2014

SKILLS

- CPR & NRP (Neonatal Resuscitation) certified and experienced in phlebotomy and administering IVs
- Experience with VBACs and have assisted in breech deliveries
- Proficiency with Mac computers and all Microsoft Office programs
- Proficiency with Electronic Charting via Clientcare, private practice, and mobile midwife

PERSONAL

I love to weave on my loom, dance, garden, and wildcraft herbal medicine. I enjoy nature, hiking, camping, and exploring with my rescue dog, Zeke.

REFERENCES

Available upon request.